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#### Dear patient,

You are about to enjoy the benefits of an innovative treatment for meibomian blepharitis (dry-eye disease) using an exceptional device: **E>E**UC.

This brochure contains information which is intended:

- To inform you of the technique applied for the stimulation of the meibomian glands using flash lamp technology.
- To confirm the absence of any contraindication associated with the application of this technique.

If all the conditions are fulfilled, and subject to your informed consent, your practitioner will be able to administer this treatment in complete safety and with optimum effectiveness.

I trust that you will be completely satisfied with your treatment and that you will share your experience with your relatives.

With best regards,

Yves Vincent Brottier Inventor of **E**>**E**LJQ.

## THE PATHOLOGY

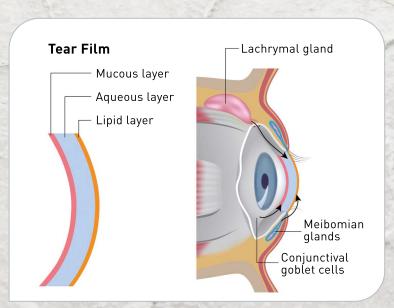
Dry-Eye syndrome is a common pathology affecting between 5 and 15% of the population (up to 30% of certain population groups), with a prevalence which is linked to age and modern living conditions.

In general, ocular dryness is associated with an impairment of the lachrymal film, either in the form of the insufficient production of tears or the excessive evaporation of the latter (evaporative form). The evaporative form of this pathology accounts for 80% of patients affected by ocular dryness. In this case, the condition is mainly attributable to a deficiency in the outer lipid layer of the lachrymal film, which is secreted by the meibomian glands, resulting in the excessive evaporation of tears, instability of the lachrymal film and an inflammatory response in the conjunctiva.

The results are increased vision disorders, with burning sensations or the feeling of a foreign body in the eye. If the process accelerates, the discomfort becomes permanent, resulting in the paradoxical secretion of tears. Anatomical changes may occur, including atrophy of the meibomian glands orifices, punctuated by episodes of infection: sties, meibomian cysts, secondary conjunctival infections and, in the most severe cases, micro-ulceration of the corneal epithelium.

# The lacrymal film, necessary to the eye function, is made of 3 layers:

- The mucous layer, in contact with the ocular globe, secreted by the conjunctival mucous cells.
- The aqueous layer, secreted by lacrymal glands.
- The lidip layer, secreted by meibomian glands.





## AN INNOVATIVE AND SAFE TECHNOLOGY

**E-E**UR, designed and manufactured in France by E-Swin company, France's leading manufacturer of high-tech light equipment, has been medically certified by an independent international organization.

**E-EUP** is a device dedicated for the treatment of ocular dryness in its evaporative form. Accordingly, it will be effective in 80% of patients affected by dry-eye disease.

**E**►**E**U© generates polychromatic pulsed light using a new technology: IRPL®(Intense Regulated Pulsed Light). It is capable of generating sequences of uniform and perfectly calibrated light pulses.

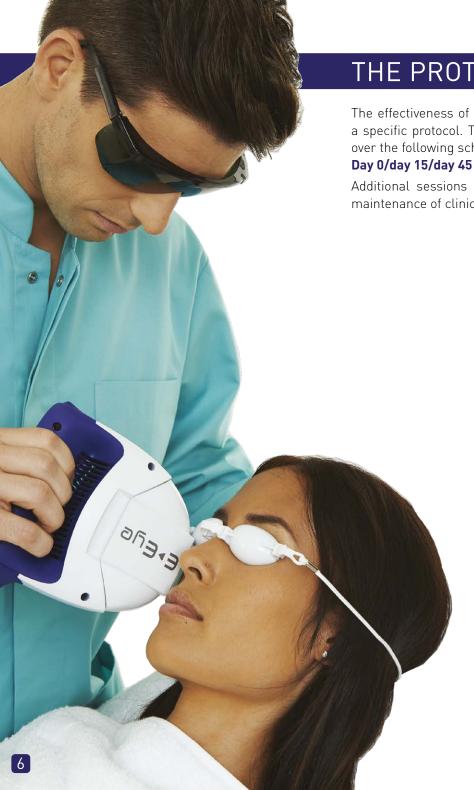
**E-E**Ge emits "cold light", which stimulates the meibomian glands in complete safety. In response to this stimulation, the glands resume secretion. The normal structure of the lachrymal film is restored, and symptoms associated with ocular dryness will disappear.

This technology is non-invasive, entirely painless and completely harmless to the eyeball.









## THE PROTOCOL

The effectiveness of treatment will depend upon the application of a specific protocol. This protocol involves 3 sessions, administered over the following schedule:

#### Day 0/day 15/day 45 (day 75 optional)

Additional sessions may be scheduled for the consolidation and maintenance of clinical benefits achieved

#### BEFORE THE SESSION:

- After having carefully read the document in full 1, complete and sign the present document 2.
- Ensure that you have no cosmetic products on your skin 3.

#### DURING THE SESSION:

- The session takes just five minutes.
- You will be comfortably seated in a treatmentchair, preferably of the reclining type.
- Position the ELIQ mask protective shells on your eyes 4.
- A specific hydrogel is applied to the cheekbone and right temporal area [5].
- The practitioner administers a series of 5 flashes 6, starting from the inner canthus, up to the temporal area 7.
- The same process is repeated under the other eye 8.
- The practitioner removes the qel and rinses your skin with water 9.

#### AFTER THE SESSION:

- No other treatment should be applied to the zones which have received flash treatmentthroughout the entire circle of sessions.
- Sunscreen should be applied to the zones which have received flash treatment, in case of exposure to UV.
- Make your appointment for the next session.
- Conventional ocular hygiene procedures may be continued.



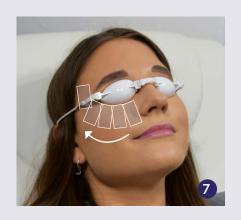


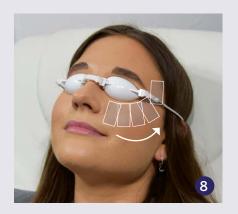














#### FOR YOUR SAFETY

Before you receive treatment using **E-ELJQ**, the following information should be read carefully:

- Operation of **E**•**E**UP is a medical procedure, which must be undertaken by ophthalmological specialists only.
- Your practitioner will provide you with a pair of eye mask shells. These are designed to protect your eyes during treatment
- Moles must covered before treatment if they are in the area to be treated. They are covered using the self-adhesive patches
- It is essential that sunscreen is applied to zones which have received flash treatment for at least fifteen days, in case of exposure to UV (natural or artificial) following a session.
- Short-term redness may occur after a treatment session. This is a normal occurrence, and should not persist overtime (no more than a few hours).
- In certain cases, more obvious redness associated with superficial burns may be observed.



eye mask

The QUO mask shells must be worn by the patient during treatment. They must be correctly adjusted. The shells protect the eyes of the patient.



#### patches

These self-adhesive patches are used to mask small areas which are excluded from flashed treatment (e.g. moles). They must be positioned before the application of the gel. It will then be possible to apply the flashes to the entire zone, without worrying about the need to avoid moles. The patches are removed at the end of the session.



#### stoo

The plate Stop is made from a material that is resistant to flashes. It enables you to cover an area on which the flash must not be used (e.g. tattoo).

## **RESULTS**

#### IMMEDIATE IMPROVEMENT

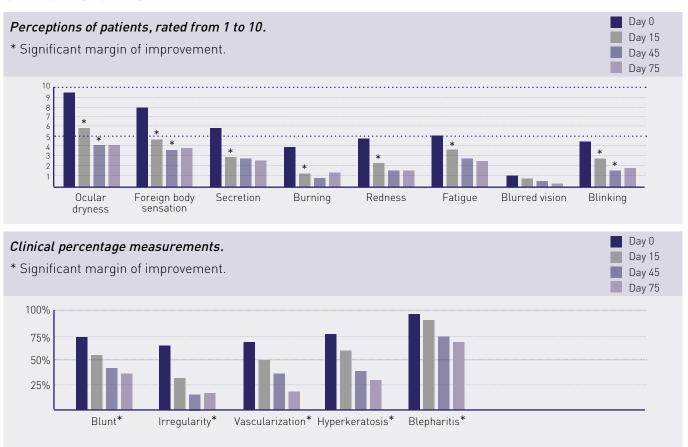
Stimulation by **E-ELJQ** induces the restoration of the normal function of the meibomian glands. The effects achieved appear very rapidly after each session, and their persistence over time increases with the number of sessions conducted.

#### MEASURABLE EFFECTIVENESS

Clinical studies have been conducted in France, New Zealand and China. These studies have shown:

- A considerable improvement in the symptoms perceived by patients.
- A correlation between this perception and clinical measurements executed.

#### **CLINICAL STUDIES**



## SPECIFIC CASES

A near-consistent level of effectiveness is achieved for all forms of dysfunction of the meibomian glands. Conversely, given the inherent nature of this procedure, this level of effectiveness will not be achieved in forms of the condition associated with an isolated impairment of the aqueous phase or mucous phase, or in the presence of an associated secondary infection.

Patients suffering from a more severe pathology, classified as grade 3 or 4, will need to receive simultaneous treatment on the lower and upper eyelids, in which case the eyeball will be protected by opaque shell which is in contact with the cornea. Here again, improvements by one or two grades may be achieved.



# **E**•**E**<u>J</u>**Q**: a French innovation



Your E>ELIC practitioner:

www.esw-vision.com



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