



Meibomian gland dysfunction (MGD) is a condition where the glands that keep your tear film oily become blocked. One proven treatment for MGD is the iLux, it is a handheld device that is designed to heat and apply gentle pressure on the eyelids to open blocked oil glands. This makes it easier for the glands to naturally release their oil which is so important in reducing dry eye symptoms.

The device has a **disposable** designed smart tip that gently delivers treatment directly to the blocked glands while protecting the surface of the eye. Your dry eye doctor has complete control.

The treatment takes approximately 8-12 minutes for both eyes. Your eyelid will be held between the soft biocompatible pads of the smart tip. Then the therapeutic light-based heat will begin to warm the blocked glands to a safe temperature to soften and release the oil. Once the oil is melted, the doctor can apply additional heat and or pressure depending on your **specific needs**. Generally, two treatment areas are done on the lower lid and one on the upper.

Please view Premium treatments video for more information.

The iLux device has been shown to significantly reduce dry eye symptoms. With healthy oil being released, a good quality tear film emerges. In a [clinical study](#), patients' meibomian gland scores were three times better two weeks post-treatment and four times better at four weeks compared to baseline. New research is being done on adding iLux in with IPL treatments for a combined added dry eye relief.